



Jen Shirkani is a nationally recognized expert on emotional intelligence and a featured speaker at national and state conferences, universities, government agencies, and at business organizations around the world. She is the author of *Ego vs EQ* and *Choose Resilience*, guides for leveraging the power of emotional intelligence. She has spent over 25-years working with organizations from the Fortune 50 (\$40B) to family-owned entities as a business consultant and executive coach. In addition to emotional intelligence, she frequently speaks and writes about workplace challenges, including interviewing and selection, employee engagement and motivation, generational differences, and coachability.

She is certified in several assessments and has been educated in personality styles, motivation theory, development coaching, principles of adult learning, and the stages of human development. She holds a Master's Degree in Organizational Leadership.

Her corporate career includes learning and development roles at specialty retailer Nordstrom, Select Comfort (the Sleep Number Bed), and Bergen Brunswig (a Fortune 500 pharmaceutical distributor). She has also been certified in programs by Franklin Covey, Achieve Global, and the TRACOM Group.

Jen has been a frequent guest of several national radio programs, and has been featured in Bloomberg/Businessweek, Leadership Excellence magazine, Reader's Digest, Inc.com, Business Insider, Publishers Weekly, Fast Company, and Upstart Business Journal. Jen travels globally to share her insights on how to make common sense more common.

- Jen has an affordable, flexible fee structure
- She has dates available in the next 90 days
- Experienced with many industries so she is relatable
- Engages small to large audiences
- Published author on leadership and emotional intelligence
- Entertaining and funny, uses storytelling to share concepts
- Nationally recognized female expert on EQ

Her Speaking Experience Includes:

